

FRESH FROM THE KITCHEN

Ask at the café for today's specials

SMOOTHIES

Passion fruit, pineapple and mango 187 KCAL 5.25

Mixed berry 162 KCAL 5.25

Strawberry and banana 200 KCAL 5.25

Kale, spinach and mango 171 KCAL 5.25

ADD A SHOT 3.20

Havana rum

JUICES

Cold pressed juices - assorted flavours from 3.95

NONZUC

TEA

English Breakfast 4 KCAL	2.65
Earl Grey 1 KCAL	2.65
Chai Tea 1 KCAL	2.65
Chamomile 1 KCAL	2.65
Rose of the Orient Green Tea 1 KCAL	2.65
Mint Infusion 1 KCAL	2.65
Rooibos 1 KCAL	2.65
Lemongrass and Ginger 1 KCAL	2.65
Forest Berries 1 KCAL	2.65

COFFEE

Espresso 3 KCAL	2.50
Double espresso 6 KCAL	2.65
Americano 35 KCAL	2.65
Flat white 128 KCAL	3.10
Latte 197 KCAL	3.10
Cappuccino 214 KCAL	3.10
Mocha 206 KCAL	3.15
Hot Chocolate 222 KCAL	3.15

DAIRY ALTERNATIVES AVAILABLE (+0.25)

SOFT DRINKS

Coke Zero Diet Coke	3.40
Coke	3.70
Sprite Zero	3.40
Lemony Lemonade	3.85
Gingerella	3.85
Selection of juices	from 2.65
Belu Water (Still Sparkling)	2.95

BEER AND CIDER

BREWDOG	5.50
Selection available	
FREEDOM BEER	5.50
Selection available	
JUBEL FRUIT BEER	5.50
Selection available	
MORETTI (660ml)	7.25
CORNISH ORCHARD GOLD CIDER (500ml)	5.95
OLD MOUT CIDER (500ml)	5.95
LOST LAGER (draught)	Pint 5.90 Half Pint 3.00
PLANET PALE (draught)	Pint 5.90 Half Pint 3.00
PUNK IPA (draught)	Pint 6.10 Half Pint 3.10

COCKTAILS

MOJITO	8.95
APEROL SPRITZ	8.95
NEGRONI	9.50
ESPRESSO MARTINI	9.50
MARGARITA	8.95
DARK & STORMY	8.95
COSMOPOLITAN	8.95
WATERMELON + CUCUMBER G&T	8.95
SEEDLIP SUMMER GARDEN (non-alcoholic)	6.30
SELECTION OF SPIRITS + MIXERS	from 5.60

WHITE	175ml	250ml	Bottle
KUDU PLAINS CHENIN BLANC, SOUTH AFRICA Citrus, melons, dangerously easy	5.70	7.20	19.75
LOROSCO RESERVA CASABLANCA CHARDONNAY, CHILE Peach and pineapple, tropical and fresh	6.25	8.20	22.25
LA MAGLIA ROSA PINOT GRIGIO DELLE VENEZIE, ITALY White fruits and delicate florals, dry and crisp	6.70	8.70	25.00
MONTE CLAVIJO RIOJA BLANCO, SPAIN Refreshingly crisp, light style with lemon, green apple and peach notes	6.75	9.30	26.75
ORGANIC ZENSA FIANO IGP PUGLIA, ITALY Crisp and refreshing with an elegant, mouth-watering balance of fruit and acidity	7.05	9.60	28.30
SPY VALLEY SAUVIGNON BLANC, NEW ZEALAND Peach and gooseberry, bright and fresh	7.50	10.50	30.00
RED	175ml	250ml	Bottle
NYALA CABERNET SAUVIGNON, SOUTH AFRICA Plummy and silky, honest and warm	5.70	7.20	19.75
ALTO BAJO MERLOT, CHILE Blackberry fruit, smooth and soft	6.25	8.20	22.25
SANTA RITA GRAN HACIENDA PINOT NOIR, CHILE Cherry, raspberry and cinnamon, balanced and vibrant	6.80	8.80	25.50
ARGENTO MALBEC, ARGENTINA Brooding black cherries, velvety and lush	6.95	9.20	26.50
ORGANIC ZENSA PRIMITIVO IGP PUGLIA, ITALY Full-bodied yet smooth, with a burst of spiced cherries and bright fruit	7.05	9.60	28.30
VIVANCO RIOJA CRIANZA, SPAIN Rich and glossy cherry fruit with a kiss of vanilla	7.40	9.95	28.50
ROSÉ	175ml	250ml	Bottle
MIRABEAU FOREVER SUMMER ROSÉ, FRANCE Fresh and vibrant with hints of lime and apricot	7.25	9.80	28.30
CHATEAU DE CHAUSSE ROSÉ, CÔTES DE PROVENCE, FRANCE Round and balanced with elegant aromas of white-fleshed fruits	11.00	14.00	40.00
SPARKLING		125ml	Bottle
VAPORETTO PROSECCO EXTRA SECO NV, ITALY Fun and fresh, crisp elegant bubbles		7.60	28.00
FITZ SPARKLING WINE, ENGLAND Subtle, gentle bubbles with a lemony bite		8.30	32.35
MOËT & CHANDON BRUT NV, FRANCE Classy, elegant, toasty and fresh			65.00 20cl bottle 20.00

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